



Sporting Lee's Summit Soccer Club

705B SE Melody Lane; Lee's Summit, MO 64063

To: Sporting Lee's Summit Members

From: Chuck Davis – Secretary

Date: April 30, 2015

RE: Sporting LS Soccer DVD Library Program

The Sporting LS Soccer Club maintains a collection of DVD's to assist soccer coaches in the development and training of youth players. These training DVD's are available on a request basis and must be returned to the Club after use.

To checkout a DVD, league members need to contact the club Secretary to make arrangements. DVD's will be checked out for one week at a time on a first come, first served basis. League members are requested to return the DVD as soon as possible but no later than one week after checkout unless specific permission is granted by the Secretary for longer period(s).

If you are interested in checking out a DVD, please send an e-mail to Chuck Davis at cedavis69@gmail.com. Please reference the title of the requested DVD(s) along with a phone number where you may be reached.

DVD	Description
Coaching Creative Attacking Play	Scoring goals is the main objective for any team. In this DVD, coach Dean Simpkins shares a number of drills that will teach players creative, attacking ideas for the final third of the field. <i>Coaching Creative Attacking Play</i> begins with exercises that allow players to experiment with fakes and moves to beat defenders in 1v1 situations. The exercises progress to 2v1, 3v1 and 3v2 situations to goal where overlaps, give-and-go's and other supporting runs are shown.
Systems of Play – Understanding The Numbers Game	Confused by the numbers game? Help is here! Finally, a program that simplifies the mysteries of Systems of Play. This program has been developed to help the countless thousands of coaches who are unsure about the tactical deployment of players. Is the 4-4-2 or the 3-5-2 the best system? What about the 4-3-3? Or the 3-4-3? There is no such thing as a “best” system, but there is a system that is best for your team. No team uses a system that has never been seen before – most teams use variations of familiar themes – successful teams change and disguise their tactical positioning of players. The program takes advantage of coach Waiters' considerable experience and his ability to simplify and de-mystify systems of play. 3-D graphics, game footage and a team in practice make it a visual learning experience and allows you to develop the best system for your team.
Coaching The 3-4-3	This video examines the 3-4-3 system of play with regard to both offensive and defensive phase. Exercises for the defense include 1v1, 2v1, 3v2, synchronized movements in relation to the ball, cooperation between midfield and back defense, 4v3, 3 forwards in defense, and 0v11 (shadow match). Exercises for the offense include 3v2, 3 defenders building the attack, 4 midfielders in the build-up phase, offensive combinations of the 3 forwards and various attacking schemes.

Coaching The English Premier League 4-4-2	This video will explain how the 4-4-2 formation is played, why it is so successful and why it is the formation of choice for the world's top teams. Coach David Williams (former Leeds United, Everton, and Manchester United U19 coach) explains the roles and responsibilities of the defenders, midfielders and forwards when the opposition has possession of the ball. He describes many practices that he has used during his vast coaching experience in the English Premier League that will show you how to train your players to play the 4-4-2 formation.
English Premier League Zonal Defending – 1v1 to the Back Four	This is the first DVD in a 4-DVD series, and explains the roles and responsibilities of the back four defenders. Former Manchester United U18 Coach, David Williams, begins by teaching the importance of 1v1 defending and progresses to 2v2 to teach the concept of cover for the first defender. The final progression is putting the back four together and working on the zonal defending concept of Pressure – Cover – Balance. Williams continues by demonstrating drills to work and test the back four defenders so each player understands their role and so they begin to be comfortable working together as a unit.
English Premier League Zonal Defending – Back Four and Midfielders	This is the second DVD in a 4-DVD series, and shows how the back line and midfielders work together when defending. Former Manchester United U18 Coach, David Williams, puts players through drills to solidify the understanding between the back line and the midfielders. He then progresses by explaining what adjustments need to be made if defenders are pulled out of position by the opposing team.
Combination Play To Score – Small-Sided Games	This DVD advances the drill and exercises from the first DVD, Combination Play to Score – Drills and exercises, by developing the exercises into more complex combinations, adding opposition and most importantly, developing them into various small-sided games that make the sessions more game related. With these drills, exercises and small-sided games, your training sessions will not only teach your players how to attack effectively as a team, but they will also inspire your players to learn and practice with enthusiasm.
Extreme Soccer Skills – Learn Freestyle Soccer With Futboleros (Volume 1)	In these DVD's, James Ortega and Futboleros reveal how you can master top freestyle tricks and combinations including the "Shoulder Roll" and "Scorpion." These DVD's show detailed demonstrations of each trick, starting with the basic and progressing to the more extreme tricks and combinations. The demonstrations are shown from different angles and in slow motion.
Extreme Soccer Skills – Learn Freestyle Soccer With Futboleros (Volume 2)	In these DVD's, James Ortega and Futboleros reveal how you can master top freestyle tricks and combinations including the "Shoulder Roll" and "Scorpion." These DVD's show detailed demonstrations of each trick, starting with the basic and progressing to the more extreme tricks and combinations. The demonstrations are shown from different angles and in slow motion.
Soccer Secrets & Fitness w/ Mia Hamm	Best basic & intermediate skills demonstrations for girls (and boys too). For beginning to intermediate girls 7-12 and beginning coaches.
2015 NSCAA Convention – Live Field Demonstrations	A collection of field demonstrations presented during the annual NSCAA convention. The sessions were led by respected national and international coaches.
• Counter Attack – Simple to Complex, Part 1	Schelias Hundman
• Counter Attack – Simple to Complex, Part 2	Schelias Hundman
• Building Your Attack from a Deep Position	Laura Harvey
• Speeding Up Play Through Passing and Positional Awareness	Anouschka Bernhard
• Purposeful Possession in the Final Third	Janet Rayfield
• Defending at Corner Kicks	Lincoln Phillips

<ul style="list-style-type: none"> Developing World Champions – FC Bayern’s Philosophy 	Paul Breitner
<ul style="list-style-type: none"> Team Building – Creating a Defensive Pattern: A Deeper Approach 	Miguel Cardoso
<ul style="list-style-type: none"> Goalkeepers: Appropriate Training Priorities Based on Age and Ability 	Lisa Cole
<ul style="list-style-type: none"> Tactical Behaviors in Soccer, Part 1 	Laurent Papillon
<ul style="list-style-type: none"> Position-Specific Coaching 	Dick Bate
<ul style="list-style-type: none"> Relationship Between MLS Club & Local Youth Soccer Market 	John Madding
<ul style="list-style-type: none"> Teaching Players the Importance of Possession Orientated Play 	Laura Harvey
<ul style="list-style-type: none"> Attacking Movement in the Final Third 	Ian Barker
<ul style="list-style-type: none"> Possession Out of the Back: Utilizing the Goalkeeper 	Tony DiCicco
<ul style="list-style-type: none"> Attacking from the Flanks 	Sam Snow
<ul style="list-style-type: none"> Transition Games 	Tommy Wilson
<ul style="list-style-type: none"> Defenders in Possession 	Dick Bate